SESSION PLANNING

SESSION PLAN

AIM/OBJECTIVE:
CRAFT/EQUIPMENT REQUIRED:
SAILING AREA:
TIMINGS:
SAFETY CONSIDERATIONS:

PREPARATION

DINGHIES:
SAFETY BOAT:
BUOYS:
SPECIALIST EQUIPMENT:
OTHER:

BRIEF (WHO, WHERE, WHAT, WHY, WHEN, HOW)

SAFETY/SAILING AREA/SIGNALS:
AIM:
TIMINGS:
DEMO/DIAGRAM/LAND DRILL:
OTHER:

SESSION (E.D.I.C.T.)

SAFETY:
GROUP CONTROL:
FEEDBACK AFOAT:
SIMPLICITY:
AIMS VS. OUTCOME:

DEBRIEF

TEACHING POINTS:
ASK STUDENTS QUESTIONS:
RELEVANT FEEDBACK:
PROGRESSION:
POSITIVE: